## Chapter 4 Physical and Sexual Development

## Vocabulary

- initiation rites
- spermarche
- identity crisis
- conformity
- gender identity
- androgynous

- puberty
- asynchrony
- social learning theory
- anorexia nervosa
- gender role
- gender schema

- menarche
- rationalization
- clique
- bulimia nervosa
- gender stereotype

- 1. What are the theories of adolescence?
- 2. Describe the physical development in adolescence. How do adolescence react to their development?
- 3. Describe the sexual development and attitude of adolescence.
- 4. Describe how thinking, cognitive abilities, of adolescence changes.
- 5. What problems do some adolescents have, according to Dr. David Elkind, as a result of immaturity and abstract thought processes?
- 6. How does moral thinking change in adolescence?
- 7. Explain Erikson's Theory of the identity crisis.
- 8. Explain Marcia's view of the identity crisis.
- 9. An alternative to Erikson's theory is the Social Learning View. Explain it.
- 10. What roll is the family of an adolescence?
- 11. What roll do peers have in adolescence's life?
- 12. What is the main cause of difficulty in an adolescence's life?
- 13. What causes depression in adolescence? How do adolescence act when they are depressed?
- 14. Why do eating disorders develop?

- 15. Explain the concept of gender roles.
- 16. Are there gender differences in personalities of girls and boys?
- 17. Are there gender differences in cognitive abilities?
- 19. Explain the 4 theories of the origins of gender differences.
- 20. Are gender roles changing? Explain.

Read all the caption and text boxes.

Pay attention to any people mentioned.